Mentorama Léman

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Discover our new continuing education programs

Women & Careers Programme

Why this programme?

As a woman entrepreneur, I understand the challenges we face: balancing professional and family life, managing childcare, having our skills recognised, developing our networks, and strengthening our self-confidence. To address these needs, I created the Women & Careers programme, a caring, practical, and inspiring training path.

Liana Liu, Mentorama Léman

Two modules to choose from

Module 1 - Returning to Employment

For women wishing to resume a professional activity after a career break or a career change

~ Skills update ~Comprehensive job search preparation ~Focus on lasting success

Module 2 - Entrepreneurship & Financial Independence

For women who want to create or develop an independent activity and regain full financial autonomy

~ Structured and personalised pathway ~Operational management ~Long-term vision for growth, recruitment, and team management ~Main objective: to achieve sustainable financial independence and secure one's autonomy

Our training sessions take place two mornings per week, in a warm and interactive environment, at Coppet.

More details: https://www.mentorama.ch/nos-formations/formations-continues/femmes-et-carrieres

Practical Information

• Schedule: 9:15 a.m. to 12:15 p.m., twice a week

Duration: 30 hours (10 sessions) for Module 1 and 33 hours (11 sessions) for Module 2

Group size : 6 to 12 participants

Languages : French and English

Place : our Center, Mentorama Léman, route de suisse 49a, 1296 Coppet

• Fee: CHF 1,500 (VAT included) for Module 1 and CHF 1,800 (VAT included) for Module 2

Programme Highlights

- Family-friendly schedule: morning sessions compatible with family life and school hours
- Small group size: a supportive and trusting environment that encourages sharing and mutual growth
- Practical, step-by-step approach: concrete tools, exercises, and simulations tailored to participants' real needs
- Personalised support: individual coaching sessions, role-playing, and follow-up to help each woman progress at her own pace
- Confidence building: recognising and valuing past experiences to strengthen self-esteem and professional identity

Trainers

Philippe Laurent

PhD in Economics from HSG and EMBA in Technology Management at EPFL-HEC-UT Austin, former executive in the luxury industry, formerly Professor and Dean at UAS ARC, now professor at School of Management Fribourg, Webster University Geneva campus and GIHE Bulle campus, specializing in organizational development and human capital at an international scale.



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Mauro Scascighini

An experienced trainer and learning designer, holder of an MBA in Business Administration, specializing in management, interpersonal communication, and change leadership. Bringing over 20 years of experience in leading projects and multicultural teams in Switzerland and abroad.



A polyglot, fluent in French, English, German, Swiss German, and Italian.

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Liana Liu

Director of Mentorama Léman, engineer EPFL and MBA graduate, with 15 years of experience in project management and leadership. As an entrepreneur, immigrant, and mother, she embodies the values of autonomy, rigour, and empathy at the heart of the Women & Careers programme.





Mentorama Léman, Reveal your potential. Shape your future!







